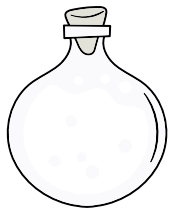


CHI VIVE DENTRO DI ME?

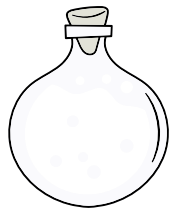
costruzione di un mazzo di carte personale

Questo esercizio ti aiuterà a costruire la tua lista di personaggi.

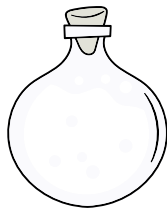
Riempi queste ampolle tanto quanto senti che questi personaggi fanno parte di te.
Troverai anche due file di ampolle vuote che puoi riempire con i termini che preferisci.
Ricordati che puoi sempre modificare i nomi assegnati ai personaggi con quelli che vuoi.
Alcuni termini sono declinati al maschile, altri al femminile
(ma in modo del tutto casuale - era per non declinare ogni personaggio al maschile)



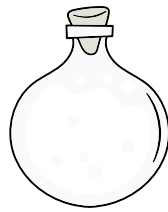
Il Folle



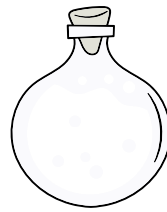
La Sportiva



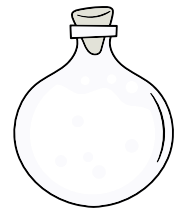
La Poetessa



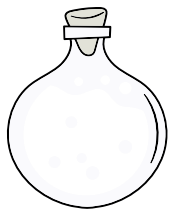
Il Controllore



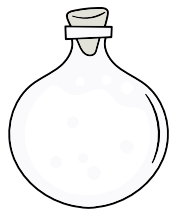
La Studiosa



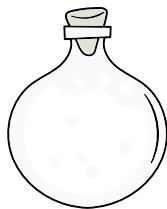
Il Socievole



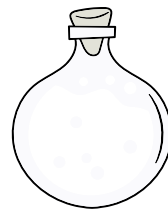
L'Organizzatore



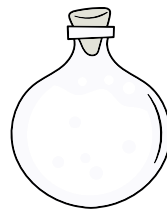
L'Amante



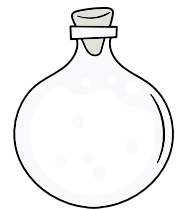
L'Egoista



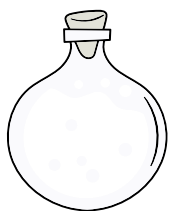
Il Giudice (degli altri)



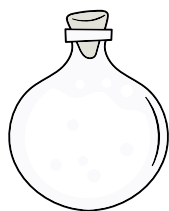
L'Autentico



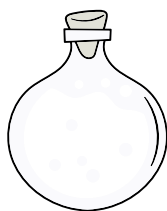
La Brava Bambina



L'Invidiosa



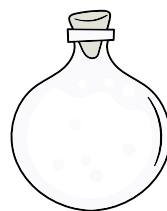
Quello che si
prende cura



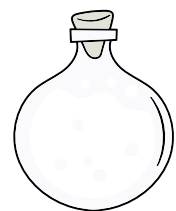
L'Insicuro



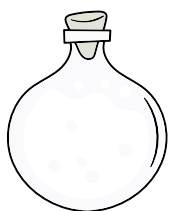
L'Oscuro



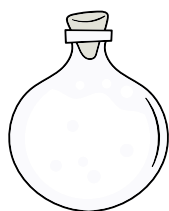
La Testarda



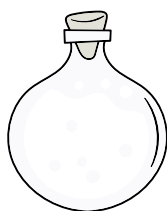
Il Cuoco



Miss Responsabilità



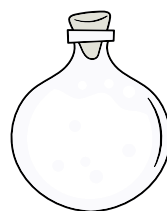
Il Sensibile



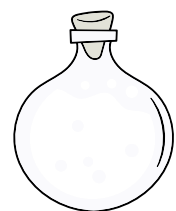
Quella che Non è Mai
Abbastanza



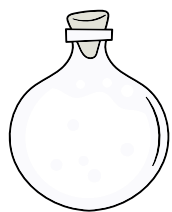
Il Riservato



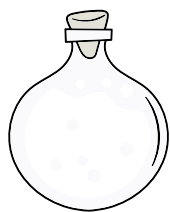
Il Romantico



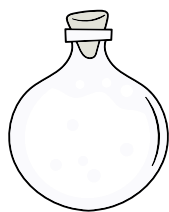
Il Geloso



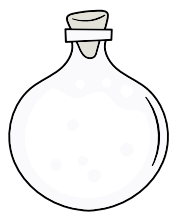
Il Protettore



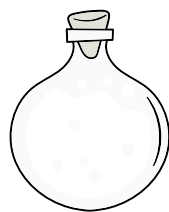
La Riflessiva



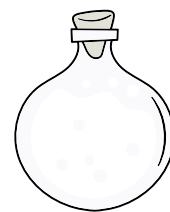
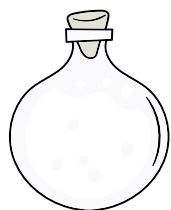
Il Critico (di sè)



Il Vanitoso



Il Riconoscente

Il Bambina
Arrabbiata

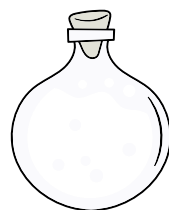
La Razionale



L'Impaziente



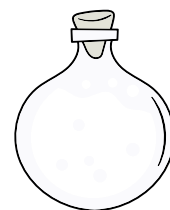
L'Insegnante



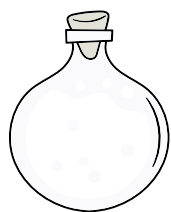
La Sciamana



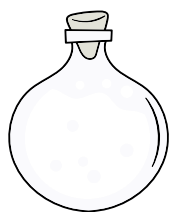
Il Coraggioso



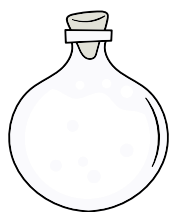
La Comunicativa



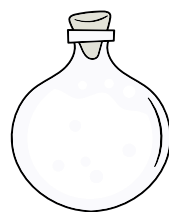
Il Ribelle



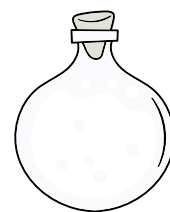
L'Amica



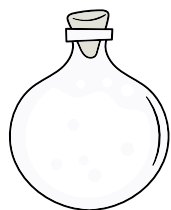
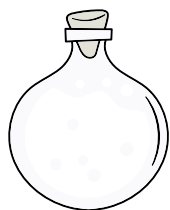
Il Timido



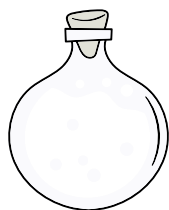
L'Adattabile

Quello che non
prova emozioni

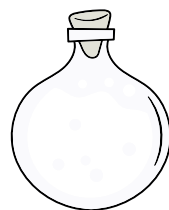
La Calma

Il Bambino
Silenzioso

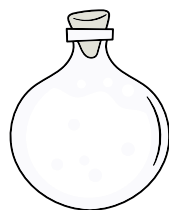
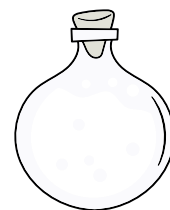
La Sognatrice



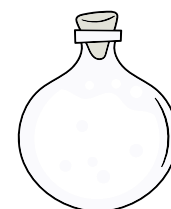
Il Triste



Il Paziente

Il Bambino
Spaventato

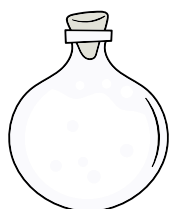
L'Avventurosa



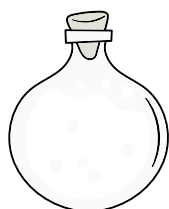
L'Oziosa



Il Saggio



Il Perfetto



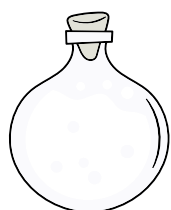
Il Manipolatore



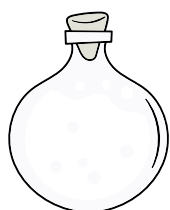
L'Intellettuale



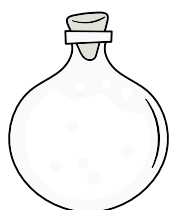
La Creativa



Il Salvatore



La Falsa



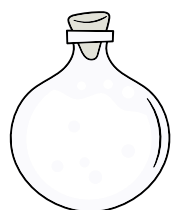
La Tenace

Quello che Ha Paura
della Vicinanza

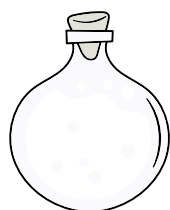
Il Permaloso



Il Bambino Ferito



L'Aggressiva



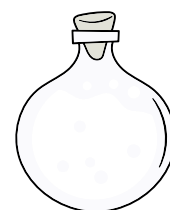
Il Gentile



L'Eremita



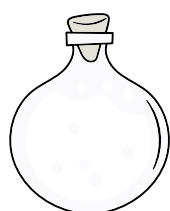
Il Fiducioso

Quella che
lavora sodo

L'Ignoto



La Morte



L'Estroversa



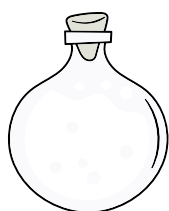
Il Pessimista

Il bambino
gioioso

Il Vendicativo



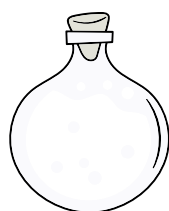
L'Avara



L'Elegante



La Saccente



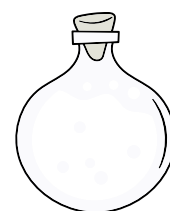
La Disponibile



Il Giardiniere



L'Altruista



Il Ruminatore



La Guerriera



Il Procrastinatore



L'Equilibrata



Il Cinico



La Curiosa

Quello che non vuole
crescere